



  
Connect 365  
Program .....  
*Where Change Continues*



SIERRA TUCSON®

Where Change Begins®



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## Connect365 Program

Sierra Tucson's Connect365 Program helps to bridge the gap between residential treatment and life in recovery.

### Where Change Continues

The Connect365 Program offers participants the tools they need to enjoy a strong recovery program and live the life they deserve. Each participant gains access to an effective and user-friendly app that keeps the individual connected and engaged, one day at a time. The Connect365 Program app helps to guide individuals on their recovery journey by promoting responsibility, accountability, and connection.



### Program Benefits

Sierra Tucson believes the first year of recovery sets the stage for long-term success. In addition to monitoring activity on the Connect365 Program app, the Recovery Coach will communicate with the individual on a weekly basis via phone, email, and/or secure chat. Detailed information, such as online posts and other confidential information as indicated by the participant, is shared only with the Recovery Coach. For 365 days post treatment, the Recovery Coach delivers individualized support and relapse prevention assistance at no additional cost.

**For more information  
call 844-215-1400 or visit  
[SierraTucson.com/Connect365](https://SierraTucson.com/Connect365)**

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